

Daily Word



JANUARY 1954

Class Thoughts

PEACE . . . In the name of the Lord Jesus Christ we pray for and decree a permanent peace, uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.

PRAYER FOR WORLD LEADERS: Through the Christ Mind you are unified in thought, purpose, and understanding and inspired to right action for the good of all mankind.

•

ILLUMINATION (11 a.m.): The light of the new day is dawning in my consciousness, and I walk serene and sure.

•

PROSPERITY (12 noon): My mind is opened anew to the splendors of God's kingdom, and a flood of rich substance now pours itself into my affairs.

•

HEALING (9 p.m.): The vitalizing, renewing energy of God floods my mind and body, and I am healed.

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Vol. 6

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DAILY WORD

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Vol. 60

JANUARY, 1954

No. 1

In This Issue

A New Year! A New You!— <i>Martha Smock</i>	- - -	2
The Overcoming Mind— <i>Charles Fillmore</i>	- - -	6
Poems: This Is the Year— <i>Russell A. Kemp</i>	- - -	9
A Hill in January— <i>Eleanor Halbrook</i>		
<i>Zimmerman</i>	- - - - -	Center
God Bless Your Birthday— <i>James Dillet Freeman</i>		
- - - - -		Back Cover

Cover in Color—*Harold M. Lambert*

Center Photograph—*Cy La Tour*

DAILY LESSONS FOR JANUARY

- | | | |
|---------------------|------------------|--------------------|
| 1. Dreams Come True | 11. New Doors | 22. Healing |
| 2. Ships Come In | 12. Vitality | 23. Forgiveness |
| 3. Christ Within | 13. Golden Rule | 24. Ideas |
| 4. Glad to Live | 14. Right Place | 25. Tithing Time |
| 5. Much to Give | 15. Silent Unity | 26. Helping Others |
| 6. Know the Truth | 16. God's Love | 27. Peace |
| 7. New Youth | 17. Prayer | 28. Renewal |
| 8. Happiness | 18. Wisdom | 29. Authority |
| 9. Bless | 19. Imagination | 30. Thanksgiving |
| 10. Overcoming | 20. Illumination | 31. Inventory |
| | 21. Prosperity | |

A New Year! A New You!

MARTHA SMOCK

A SECOND in time lies between the old year and the new. A thought in mind lies between the old you and the new! The old year effortlessly, silently makes way for the new, but not so the old you.

We think we want to be made new, to be new creatures in Christ, but we cling tenaciously to old ways, to old patterns, to old beliefs. We resist the challenge of the new and argue with ourselves and others against anything that threatens to change us, to change our thinking, to change our way of life.

And we do this without realizing it! This is why it is good to take inventory of ourselves at certain intervals, to face ourselves honestly, to view our lives from a new perspective, to determine whether we are growing and progressing or going along in the same old ways and becoming more and more entrenched in the ruts we have made for ourselves.

The beginning of a new year is an excellent time to take a good look at ourselves. It may be

that we shall want to write down some new-year resolutions. There is a great deal of good to be gained from making new-year resolutions, for whenever we put our objectives, goals, aspirations, and desires on paper, we have to give some clear thought to the matter. Such clear thought helps us to see the worth or the wastefulness of our objectives in life.

Any resolution toward self-improvement is good and can have helpful effects on one's life. But to make resolutions is not enough, as we all well know. More new-year resolutions are broken than kept, for it is always easier to make high resolves than to change a single thought or attitude.

Sometimes we feel that if only we had more will power we should be able to change the things in ourselves and our lives that need changing.

But it is not will power that is needed to help us keep our resolutions or to help us change our thinking; it is the power of prayer.

We may attempt mightily to live up to a new-year resolution and fail. But the prayer of our hearts cannot fail; the prayer of our being fulfills itself in us in spite of us and does its work behind the scenes, as it were.

Even the things in us of which we are unaware that keep us from being happy and successful

cannot withstand the effect of prayer on our consciousness. Even when we think we do not want to change, even when we say, "That is the way I am and always have been," prayer can change us so that we look back and say: "That is the way I was. How thankful I am that I have grown and come into new understanding!"

The very things we pride ourselves in—our virtues, the things that others compliment us on—can bind and limit us if we begin to think we have arrived at a place where we no longer need to learn and to grow, if we become self-satisfied.

To become new, we have to be willing to let the light shine into every corner of our consciousness. When we can say without reservation, "Thy will be done in me," then "with unveiled face" we behold "as in a mirror the glory of the Lord."

We have to reach past the incomplete understanding of the human mind into the completeness of the Christ Mind in order to see ourselves as we really are. We see the fears, the failures for what they are—not part of us but something we have carried along with us. We are not bound to them; they are not an integral part of us. Now we can let them go. Now we can step forth, new creatures in Christ.

Through prayer we let go of the old beliefs, thoughts, and attitudes that have mesmerized us,

that have kept us going along in the same old way, that have lulled us into thinking that we cannot or need not change. Through prayer we lay hold of new ideas, new faith, new light, new understanding. Through prayer we are made new.

A prayer that has been used effectively is as follows: "Here is my mind, I spread it out before Thee. Forgive its foolishness and its ignorance with Thy bright wisdom."

You are a child of God. What could be more wonderful! His Spirit is in you. What could be more powerful!

The old year has made way for the new, and the old you can also make way for the new. As the turning of a page of the calendar proclaims a new year, so may the turning of your thought to God proclaim a new you!

WAIT BEFORE WRITING

During the latter part of the Christmas season, the handling, transportation, and delivery of mail may be slowed, so please allow plenty of time for your Unity literature orders and the periodicals you regularly receive to reach you. While the Christmas mail congestion lasts into January, practically no mail is lost as a result. But delays do occur, so will you help us by waiting patiently for your literature to arrive? Thank you.

The Overcoming Mind

CHARLES FILLMORE

WE BEGIN the new year with our usual inward joy and Christian smile. Regardless of outer circumstances, a real Christian has an inner conviction that all things are working together for good to them that love the Lord.

A Christian is one who has the "mind of Christ," which is the supermind, the mind of the spiritual man. Jesus had the "mind of Christ"; so did Job, who said, "When they cast *thee* down, thou shalt say, *There is lifting up.*"

The Christ Mind is the overcoming mind. No one ever went down to defeat who in his hour of need declared the almightiness of God through Christ. Many Christians theoretically know and proclaim that Christ saves to the uttermost, but when tribulations come they think it their Christian duty to play the part of the downcast; like the good woman who, when her friends remonstrated with her for making such a fuss over her troubles, wailed, "When the good Lord sends tribulations I tribulates."

It is no easy matter to appear helpful and happy in the face of adverse conditions, and no

one can, in fact, do it without the aid of a power superior to personality. It is here that Christians who know the truth of man's real spiritual being have the advantage over those who trust in the arm of flesh alone.

We often wonder whether our conduct is pleasing to God. We think we have a monitor in that inner guardian, conscience. But as the apostle Paul warns, conscience may be seared over by being repeatedly disregarded and may no longer function. Again a poet moans, "Conscience does make cowards of us all." So some of us are conscienceless and others so conscience-minded that we are haunted by the ghosts of crimes that we never committed. Either state brings us to unhappiness, which is not the standard of life patterned for man by Divine Mind.

No one in mere human consciousness can conceive of the ecstasy that wells up in the heart when the gladness of Spirit floods the soul. It is not like the joy that propitious events produce. There may be no external cause whatever; the situation may even seem to be desperate; as, for instance, that of Paul and Silas, who had been stripped and beaten with rods and cast into a dungeon with their feet made fast in the stocks. Yet in spite of it Paul and Silas "were praying and singing hymns unto God, and the prisoners

were listening to them; and suddenly there was a great earthquake, so that the foundations of the prison-house were shaken: and immediately all the doors were opened: and every one's bands were loosed."

No external condition or circumstance can hold the soul of man in bondage when he makes mental contact with God. If you want joy to come into your life, begin to rejoice in the things that you know about the goodness of God. All of us have many blessings that we have not valued as we should. Begin to praise God for the abundance of all things.

It is written in the 28th chapter of Deuteronomy, "Because thou servedst not Jehovah thy God with joyfulness, and with gladness of heart, by reason of the abundance of all things; therefore shalt thou serve thine enemies . . . in hunger, and in thirst, and in nakedness, and in want of all things."

We make ourselves servants of the things we build up in our minds. Thinking and talking about lack or ill-health will lay hold of the etheric living substance in which our minds function and make it manifest. One who knows this law can blame no one but himself for sickness or poverty.

Begin right where you are to rejoice and to be glad in Spirit.

This Is the Year!

RUSSELL A. KEMP

Wonderful, wonderful, fortunate you.

This is the year that your dreams come
true!

This is the year that your ships come in;

This is the year you find Christ within.

This is the year you are glad to live;

This is the year you have much to give.

This is the year when you know the Truth;

This is the year when you find new youth.

This is the year that brings happiness;

This is the year you will live to bless.

Wonderful, wonderful, fortunate you.

This is the year that your dreams come
true!

Friday

JANUARY 1

THIS IS THE YEAR THAT MY DREAMS COME TRUE.

I NO longer postpone my good until some other time, some other year, or some other place. I give thanks that now is the time. I give thanks that in Truth nothing can stand between me and my good.

I no longer dream about the good I want to see made manifest in my life. I give thanks with faith and conviction that right now, this very moment, my good is at hand.

I do not dream of myself as being healthy and happy. I affirm that now I am filled with the health and happiness of God. There is no better time than right now to begin to be healthy and happy.

I no longer dream of myself as being prosperous and successful. I affirm that now I am the child of God, heir to His good, and filled with His power and wisdom. There is no better time for me to begin to be prosperous and successful than right now.

Now is the time for my dreams to come true, for now is the time that I affirm their fulfillment.

✿ *Now is the acceptable time; behold, now is the day of salvation.*—II COR. 6:2.

JANUARY 2

Saturday

THIS IS THE YEAR THAT MY SHIPS COME IN.

WHAT are the ships that I have sent out? They are my thoughts, my prayers, and my aspirations.

I know that every good thought returns to bless me a hundredfold, not at some future time but now.

I know that every prayer opens the way for good to rush in to me, not at some future time but now.

I know that every aspiration lifts me to a new consciousness of spiritual power, not at some future time but now.

I shall not search distant skies or wait on some distant shore for my good to come to me. Right where I am I expect my good, I expect my ships of faith and prayer to bring my good to me.

I have sent my ships forth laden with love and blessings. I welcome them back now with a rich cargo. The harbor of my mind is ready for rich ideas, for life-giving ideas, for harmonizing ideas. I give thanks that now is the time of fulfillment, now is the time of blessing.

☛ *Cast thy bread upon the waters; for thou shalt find it after many days.*—ECCLES. 11:1.

Sunday

JANUARY 3

THIS IS THE YEAR I FIND CHRIST WITHIN.

THE greatest understanding that can come to me is that I have Christ within me, "the hope of glory."

This "hope of glory" is not a promise held out to me for some future time; I can find the Christ within now.

The Christ is revealed to me in the silence. I feel His presence, and I am filled with His power. He speaks in the midst of me, saying: "Lo, I am with you always." "Let not your heart be troubled, neither let it be fearful." He is the life of my body, the intelligence of my mind, the strength of my spirit.

His Spirit makes me know that I am one with Him, that His words, "Thy faith hath made thee whole," are meant for me, that the promise, "All things whatsoever ye pray and ask for, believe that ye receive them, and ye shall have them," is meant for me.

Now I find the living presence of the Christ within, and my whole being is filled with new glory.

✱ *Christ in you, the hope of glory; whom we proclaim.*
—COL. 1:27.

JANUARY 4

Monday

THIS IS THE YEAR I AM GLAD TO LIVE.

I MAY not actually think of myself as not being glad to live, but every time I say that I am tired, that I am unhappy, that I am disappointed, or that I do not have the things I need and want I am denying that I am glad to live.

Now I let go of the negative habits of thought and feeling that have troubled or depressed me. I watch my reactions. I watch my attitudes, and I make sure that with every thought, with every word, with every act I affirm my faith in God, my faith in good, my love for life.

I do not look forward to some time in the future when I shall be happy, when everything in my life will be to my liking. I do not say, "Then I shall be glad to live!" I am glad to live right now, today, in this place, in this hour!

I am glad to be alive, and every part of my mind, body, and spirit shows forth this gladness.

I have health of body, peace of mind, joy of spirit. Everything in me testifies to my joy in living.

*This is the day which Jehovah hath made;
We will rejoice and be glad in it.*

—PSALMS 118:24.

Tuesday

JANUARY 5

THIS IS THE YEAR I HAVE MUCH TO GIVE.

DO I think of myself as not having much to offer? Do I think of others as being more talented, more capable? Now is the time for me to think of myself in a different way. Now is the time for me to realize how much I have to give.

What have I to give? I have a word, a thought, a prayer—each more important than the finest material gift in the world when it is the right word, the true thought, the effectual prayer.

I shall not withhold what I have to give. I shall begin now to share the love of my heart. I shall begin now to give wherever and whenever my faith and prayers are needed.

I shall find that the more I give of myself to life, the more I have to give. My one talent is increased as I use it, and it becomes many talents. My one word of truth generates spiritual power and not only blesses me but blesses many others as well. My one prayer, like the mustard*seed, develops and grows into understanding faith.

✿ *Give, and it shall be given unto you; good measure, pressed down, shaken together, running over, shall they give into your bosom.—LUKE 6:38.*

JANUARY 6

Wednesday

THIS IS THE YEAR WHEN I KNOW THE TRUTH.

YE SHALL know the truth, and the truth shall make you free." When am I to know the Truth? Now, in my momentarily and hourly need.

How do I know the Truth? When I know the Truth I know that which is true in Spirit, that which is true in God, in spite of appearances to the contrary, in spite of contradictory statements or all that would deny the goodness and power of God.

To know the Truth is to affirm the Truth. I do not wait to affirm the Truth until I see evidence of it. Now is the time to affirm the Truth. I affirm the truth that there is only one presence and one power—God, the good. I affirm the truth that there is no sickness, no lack, or no death in God. I affirm the truth that nothing can keep my good from me, that nothing can keep God's good from any of His children.

Now I know the truth about myself, about my life, about everything that concerns me. I affirm the presence of God and His good in and about me. I know the Truth, and all is well.

☛ *Ye shall know the truth, and the truth shall make you free.*—JOHN 8:32.

Thursday

JANUARY 7

THIS IS THE YEAR WHEN I FIND NEW YOUTH.

I KNOW that age is not a matter of years but of consciousness. Now I begin to let go of every aging thought, of every belief in deterioration, and I lay hold of the renewing life of Spirit.

I think of myself as a spiritual being without beginning or end, as unaffected by time or space, as eternally alive and vital.

Now is the time for me to find new youth. Now is the time for me to speak words of life and youth to the cells of my body. Now is the time to stir up the Christ Mind in me, to lay hold of new ideas, to begin to think of myself as a free, unlimited, powerful spiritual being.

Now is the time to call forth new powers and abilities, to express more love. Now is the time for me to stop any decline of interest in life and living and to stir up new enthusiasm, to stir up a new spirit in myself.

Now is the time for me to declare that I am the ever-renewing, ever-unfolding expression of infinite life and youth.

♣ *Thy youth is renewed like the eagle.*—PSALMS 103:5.

JANUARY 8

Friday

THIS IS THE YEAR THAT BRINGS HAPPINESS.

I DO not postpone my happiness by thinking that it is dependent on other persons, the circumstances of my life, or the perfect out-working of affairs or conditions.

I know that I can be happy right now, right where I am, right in these circumstances; I know that my happiness is here and now. Happiness can always be with me, for it is in my mind and heart and cannot be disturbed or taken away by anything in the outer unless I permit it.

My happiness is constant, because my happiness is founded on and centered in the Christ. The Christ in me is eternal and unchanging. The Christ in me sustains and supports me through every experience in life. No one can take away the happiness that is in me, that is mine in the Christ.

I awake to each day with a happy heart. I meet each experience with a happy heart. I say to anything or everything that would disturb me: "You cannot touch me. I am happy in the Christ. I am happy in Truth."

*Restore unto me the joy of thy salvation;
And uphold me with a willing spirit.*

—PSALMS 51:12.

Saturday

JANUARY 9

THIS IS THE YEAR I WILL LIVE TO BLESS.

I GIVE thanks at the beginning of this new year that it will be the best year of my life. I give thanks for all the understanding and knowledge I have gained along the way. I give thanks that this year holds fulfillment of the spiritual ideas I have been planting in my consciousness.

In this year I shall be more radiantly alive than ever before. A new understanding of God as the source of my supply is now being revealed to me. I give thanks now that my good is flowing to me from every direction.

This year I shall experience more love and understanding in my human relations than even before, for this year I shall let God's love in me flow freely forth to bless others.

This year will be a year of great good and blessing for me and a year of great good and blessing for all those I hold dear.

This is the year that will bring happiness. This is the year I shall live to bless!

✿ *The Spirit himself beareth witness with our spirit, that we are children of God: and if children, then heirs.*
—ROM. 8:16, 17.

JANUARY 10

Sunday

THIS IS THE YEAR THAT I CAN DO ALL THINGS THROUGH CHRIST IN ME, WHICH IS MY WISDOM AND MY STRENGTH.

NOTHING is impossible to the Christ within me. Therefore, nothing is impossible to me when I trust Him. His Spirit in me has overcome all the seeming problems that ever were or ever shall be, including the situations that are confronting me now. Therefore, I have absolutely no fear. I am not afraid of any person, thing, or circumstance. The Christ in me is giving me the wisdom and strength to meet everything victoriously. When there is a perplexing decision He knows what is best for me and guides my way. When there is a new and challenging experience He gives me the courage to succeed. When there seems to be no way He reveals a way. The Christ in me is the light of my life. When I keep my mind centered in the thought of His presence and power His mighty, healing love goes before me to make all crooked places straight. I rejoice and give thanks that I cannot fail to overcome every inharmony, for Christ in me is my wisdom and strength to rise triumphant.

♣ *I have overcome the world.*—JOHN 16:33.

Monday

JANUARY 11

THIS IS THE YEAR THAT MY UNSHAKABLE FAITH IN GOD OPENS NEW DOORS TO MY GOOD.

NEW doors to your good are always open to you, for you are a child of God. He created you to be successful in life, regardless of any appearances to the contrary. If one door closes, God has already opened others to you.

Prayer is the open door to God. Jesus says, "Have faith in God." No matter what door has been closed to you in the past, you cannot be shut off from God's good, from your good.

Turn to God in prayer and depend on His instruction and His wise counsel. Know that He has given you every quality of mind and heart you need to achieve success and happiness. Your faith in Him and your enthusiasm and interest in life make you an open channel for the inflow of God's blessings into your life and affairs.

You have talents and capabilities within you waiting to be expressed. Your unshakable faith in God calls forth these talents and capabilities and opens new doors to your good.

✿ *I am the door; by me if any man shall enter in, he . . . shall find pasture.*—JOHN 10:9.

JANUARY 12

Tuesday

THIS IS THE YEAR THAT I FIND CHRIST IN ME AS MY SOURCE OF INFINITE VITALITY.

CHRIST in me is my source of infinite vitality. Christ in me is the source of all the energy and strength I possess. Therefore, there is no lack of needed energy in my being. Moment by moment I have all the strength I need to do whatever confronts me. My strength does not, cannot fail, for the Christ is my source.

Whenever I have a sense of weariness I pause for a moment and relax myself in the strengthening Spirit of Christ within me. I quietly and steadily affirm, "Christ is now giving me the strength I need to do my tasks efficiently." Then I feel His mighty, energizing vitality sweep through my thoughts, my nerves, my muscles, through every part of my being.

If His wisdom reveals to me that I have been driving myself too intensely, that I have been negligent in my eating habits or careless about proper rest, I shall obey His guidance. Through Christ in me I am vitally alive forevermore.

☛ *They that wait for Jehovah shall renew their strength; they shall mount up with wings as eagles.*
—ISA. 40:31.

Wednesday

JANUARY 13

THIS IS THE YEAR THAT I PRACTICE THE
GOLDEN RULE.

WHENEVER I am tempted to repeat anything I have heard that would tend to lower someone in the eyes of others, I remember the Golden Rule. I also recall what Jesus said to those who would cast stones: "He that is without sin among you, let him first cast a stone."

O loving Father, help me to be loving and considerate in everything I say or do. Cleanse from my consciousness any desire to listen to gossip. Help me to keep a loving silence concerning anything that has come to my attention about others that could lower them in the estimation of their fellow men.

Help me to realize that everyone is unfolding in the way that is best for him. Help me to refrain from passing judgment on another.

O loving Father, I would remember that the only real truth worth repeating or listening to about another person is that he is Your child and that Christ is the Spirit of life within him.

✠ *He that is without sin among you, let him first cast a stone.*---JOHN 8:7.

JANUARY 14

Thursday

THIS IS THE YEAR THAT GOD LEADS ME TO MY OWN RIGHT PLACE, WHERE I GIVE GENEROUSLY AND RECEIVE ABUNDANTLY.

ARE YOU seeking your right place in life? The first thing to remember is that God is the source of your good and that He will reveal to you the place where you can give generously of your talents and receive abundant compensation for work well done.

Your abiding faith and trust in God can be the forerunners of your true success.

Turn your life and your need of right placement over to God. Ask Him to reveal to you any steps you need to take to increase your worth to the world. If He prompts you to take some active measure, to develop some talent that has remained inactive, be quick to obey.

On any new path that God opens to you you will find the spiritual equipment you need to follow this path. You can fill the place in life that God wants you to fill and receive a rich reward for service well rendered.

Jehovah was my stay.

He brought me forth also into a large place.

—PSALMS 18:18, 19.



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Hill In January

ELEANOR HALBROOK ZIMMERMAN

Time will not count the obstacles
To spring upon this winter hill,
Or care that in the deeper wood
The brook is frozen white and still.
The seasons' pendulum will swing
Its sturdy length to green again,
And trees leaf out, and robins sing,
And violets be seen again.

There is a balance all things have,
On which the seasons flash and turn;
Whatever bleakness winters give,
Tomorrow gold forsythias burn.
And if within my heart should rise
Some breath that's like a winter hill,
I know God's blue and bluer skies,
His springtime gold await me still.

Friday

JANUARY 15

THIS IS THE YEAR THAT I AM INFOLDED IN
THE HEALING LIFE AND LOVE OF SPIRIT.

THE prayers of Silent Unity go out to you. They include you; they infold you, whoever you are, wherever you are.

We in Silent Unity do not have to see you or to know you to be able to say to you: "You are God's beloved child. His life and love are in you, and even now they are flowing in and through your whole being—mind, body, and spirit. You are sustained and strengthened by His presence; you are made well and whole by His power." This is how we think of you. This is how we pray for you.

We in Silent Unity ask that you be with us in spirit and in prayer. If you yourself are not in need, be with us in praying for and blessing those who are.

If there are dear ones you should like to help and bless, infold them in your love and prayers. Speak words of life and Truth for them; keep high your vision concerning them. Think of them as children of God and see them filled and thrilled with new life, new strength, new joy and peace.

♣ *Where two or three are gathered together in my name, there am I in the midst of them.*—MATT. 18:20.

JANUARY 16

Saturday

THIS IS THE YEAR THAT I YIELD MY HEART
TO GOD'S HEALING LOVE.

IF your heart is desolate because of an experience that seems almost more than you can bear, let God's healing love flow into your heart. Let Him bind up your wounds. Let Him lift your vision so you can see that you are never outside His love, that you are needed to fill a purposeful part in His vast scheme of things.

Rather than pondering the reason for your experience, let your heart rest quietly in God's abiding love. His love will assure you that life ahead holds purpose and satisfaction for you. God's love will penetrate your innermost heart and relight the fire of incentive. God's love will hold you close and nourish you, until your heart is renewed in strength and quickened with new interest in life, until you are inspired to take new initiative.

Yield your heart to God's healing love. Rest quietly in Him and know that He is with you in all and through all, that He will never fail you or forsake you.

*He healeth the broken in heart,
And bindeth up their wounds.*

—PSALMS 147:3.

Sunday

JANUARY 17

THIS IS THE YEAR THAT I MAKE PRAYER A DAILY HABIT OF MY HEART AND MY LIFE IS TRANSFORMED.

WHEN I make prayer a daily habit of my heart I begin to follow in the footsteps of Jesus. His way of life is easy; His way is the way of health, happiness, prosperity, and peace.

As I make prayer a daily habit of my heart, my life is transformed. I have more health, strength, and vitality of Spirit as I commune with Him.

As I make prayer a habit of my heart, I am prospered. New avenues of success and prosperity are opened to me as I turn to God in silent prayer. He illumines my mind; He gives me new and enriching ideas.

As I make prayer a habit of my heart, I live in peace with my fellow men. As I turn in prayer to the peace-giving Spirit within, all inharmony is dissolved.

As I make prayer a daily habit of my heart, I follow the way, the Truth, and the life of Jesus, and my own life is transformed.

☛ *I am the way, and the truth, and the life.*—JOHN 14:6.

JANUARY 18

Monday

THIS IS THE YEAR THAT THE WISDOM OF
CHRIST MAKES ME WISE.

DIVINE wisdom is a precious jewel that many seek but few find. When God said to Solomon, "Ask what I shall give thee," Solomon replied, "Give thy servant therefore an understanding heart." And because Solomon asked only for wisdom, God gave it to him and added both riches and honor, which he had not asked for.

A person may not be wise, even though he has an education, for wisdom is of the Spirit not the intellect. Wisdom is, as shown by the story of Solomon, a divine gift. It comes to him who is humble in heart and loving toward God and his fellow men. It cannot be bought, sold, or traded.

If we would be wise, we need to pray oftener and more diligently for the wisdom of Christ to be established in us. This wisdom will show us how to direct our lives in the way that the Christ would have us live. True wisdom will open our eyes to the unimportance of many outer things in our lives and reveal to us those things that are true and lasting—the things of Spirit.

✠ *Christ Jesus . . . made unto us wisdom from God.*
—I COR. 1:30.

Tuesday

JANUARY 19

THIS IS THE YEAR THAT I LIVE LIFE WITH
IMAGINATION AND ENTHUSIASM.

MOST jobs, most lives are largely made up of routine tasks, of the same personalities, and the same scenes day after day. When we have not learned to live life with imagination and enthusiasm we may become dulled and burdened by a sense of boredom and drudgery. But when we live life with imagination and enthusiasm everything begins to look new and interesting. A job that has gone stale becomes alive again. Persons who have become irritating and offensive to us seem to change, because we see them in a new light. A way of life that has stifled us with monotony and sameness becomes an adventure.

The tone and color of our lives are determined by the perspective of our own thinking. Every life has beauty and meaning if we have eyes to see it. Every person has something to teach us if we have ears to hear; every job holds interest for us if we have hearts to give.

*The hearing ear, and the seeing eye,
Jehovah hath made even both of them.*

—PROV. 20:12.

JANUARY 20

Wednesday

THE LIGHT OF THE NEW DAY IS DAWNING IN MY CONSCIOUSNESS, AND I WALK SERENE AND SURE.—UNITY ILLUMINATION THOUGHT.

TODAY let us unite in prayer for the realization of spiritual light, which will illumine our ways throughout the days that are to come.

In scriptural symbology a new day represents a degree of unfoldment in spiritual consciousness. When the light of the new day dawns in our consciousness it dissipates any condition of spiritual darkness that may have preceded it, just as the sunrise following the dawn dissipates the night and makes all things clear and beautiful.

As the light of the new day dawns in our consciousness, all indecision and all uncertainty are done away with. We see before us opportunities for realizing our good, for practicing good will toward all men, for loving God with all our hearts, minds, and strength. Each day, each hour, each moment offers us new and greater opportunity.

Let us give thanks unto God, the Lord Most High, for the light of the new day.

♣ *If my people . . . pray . . . then will I hear . . . and will heal their land.*—II CHRON. 7:14.

Thursday

JANUARY 21

MY MIND IS OPENED ANEW TO THE SPLENDORS OF GOD'S KINGDOM, AND A FLOOD OF RICH SUBSTANCE NOW POURS ITSELF INTO MY AFFAIRS.—UNITY PROSPERITY THOUGHT.

WHEN we speak of building a prosperity consciousness we have in mind the continuous unfoldment within us of the spiritual understanding that enables us to see plenty everywhere.

The basis upon which we build our realization of plenty is the truth that God is Lord of all substance, that He loves all His children in equal measure, and that He is rich toward all. "The blessing of Jehovah, it maketh rich." Since God's blessing is our spiritual heritage, He has given us access to His kingdom and the right to claim from it sufficient for every need and "to spare."

Today there comes to us a new and greater realization of God's infinite plenty. Our minds take hold of the idea of plenty for us and for all, and a flood of rich substance now pours itself into our affairs.

❁ O LORD, how manifold are thy works! in wisdom hast thou made them all: the earth is full of thy riches.
—PSALMS 104:24 (A.V.).

JANUARY 22

Friday

THE VITALIZING, RENEWING ENERGY OF GOD FLOODS MY MIND AND BODY, AND I AM HEALED.—UNITY HEALING THOUGHT.

THIS IS a year of healing for you. It is a year in which every day you will realize more of the life and energy of God, from whom all healing comes. Each day henceforth will be a day of marvelous brightness and cheer. Every moment of each day you will be aware of the vitalizing, renewing energy of God. With each breath, each pulsation of your heart you will feel God's life flooding your mind and body. Momently, you will rejoice in the assurance that you are healed.

During this first month of the new year let your thoughts begin to dwell unceasingly upon God as the source of life, strength, energy, and health. Think about the life-giving words spoken by Jesus Christ: "I will; be thou made clean." Realize that just as they were true at the moment they were spoken they are true now, for they are eternally true. Rejoice and give thanks for the vitalizing, renewing energy of God that floods your mind and body, and you will be healed.

☛ *Teach me thy way, O LORD; I will walk in thy truth.*
—PSALMS 86:11 (A.V.).

Saturday

JANUARY 23

THIS IS THE YEAR THAT THE FORGIVING LOVE OF JESUS CHRIST SETS ME FREE FROM PAST MISTAKES. I FACE THE FUTURE JOYOUS, FREE, AND UNAFRAID.

MANY of us make ourselves unhappy by carrying with us feelings of self-condemnation. All of us have done things in the course of our development that we would not do in our present state of understanding. But we should not condemn ourselves for having been less wise in the past than we are today.

When a child does things that are detrimental to himself or others we point out to him the better way and do all we can to encourage him to follow the wiser way. In the ways of happy, harmonious living, most of us are as children. We do not know all we need to know about ourselves, about others, or about the world we live in. But we are learning.

When we have done something we regret we should accept responsibility for learning from this experience, for growing in wisdom. However, we should let the experience itself go from our thoughts and base our living upon the wisdom we have gained.

♣ *Neither do I condemn thee.*—JOHN 8:11.

JANUARY 24

Sunday

THIS IS THE YEAR THAT I REALIZE THAT THE GOOD I AM SEEKING TO EXPRESS IN MY LIFE IS WITHIN ME NOW.

DOES IT sometimes seem that the good you are seeking to express is a far-off goal that can be realized only at some future date or place? If so, put aside this belief now and forever, for that which you are seeking is within you now, this moment. When God created you He implanted within you all you will ever need for a whole and perfect life. This source of supply for all your needs is in the form of ideas—ideas to guide you to the manifestation of any good thing.

Is it health you seek? The wisdom and strength to guide you to health are within you now. Is it prosperity or peace of mind you seek? The ideas that will show you the way are within you now. The ideas you need to overcome any situation or to heal any seeming lack are within you now. According to the degree that you relax all fears and tensions and expect the ideas you need will they come to you.

☛ *Acquaint now thyself with him . . . Thereby good shall come unto thee.—JOB 22:21.*

Monday

JANUARY 25

THIS IS THE YEAR THAT I SHALL TITHE MY
TIME TO THE LORD.

TODAY I shall remember to use a portion of each waking hour to commune with God.

It need not be so long a time that it interferes with the necessary duties of life, only long enough to relax my tensions and to rededicate my entire life to His will. A few moments of every hour, completely given over to remembrance of God's presence, will be sufficient to re-establish me in His consciousness of joy and peace for the remainder of that hour.

In the midst of my duties, regardless of the pressure involved, I shall quietly let go of every task or thought to remember God hour by hour.

If the time for my spiritual tithe finds me on a busy street, in a movie, relaxing at home, watching television, I shall quietly, unobtrusively surrender myself to Him these few moments.

O Father, help me to be faithful to this tithe of hourly prayer until the practice of your presence becomes the habit of my life.

✿ *And he saith unto them, Come ye yourselves apart into a desert place, and rest a while. For there were many coming and going.*—MARK 6:31.

JANUARY 26

Tuesday

THIS IS THE YEAR THAT I TRUST GOD AS THE NEVER-FAILING SOURCE OF SUPPLY IN MY OWN LIFE AND IN THE LIVES OF OTHERS.

ALL OF US must learn that God's guiding, fulfilling Spirit is with every person and that no one, regardless of the seriousness of his need, is without resources. God's life-giving Spirit is always present to provide even the most needy with his own good.

It is true that life's greatest joy is in contributing to the well-being of others. There are always ways in which we can give the love and helpfulness that are needed from us without binding those whom we help in a thought of limitation.

When we trust God as the never-failing source of supply in the life of every person, we do not become weighed down by a sense of personal responsibility for the well-being of others. We help in ways that we can. But more important, we pray for them to come to know and to see themselves as beloved children of God, we pray for them to trust Him as the never-failing source of supply in their lives.

✿ *What I have, that give I thee. In the name of Jesus Christ.—ACTS 3:6.*

Wednesday

JANUARY 27

THIS IS THE YEAR THAT I AM SUSTAINED AND STRENGTHENED, FOR GOD IS WITH ME TO GIVE ME PEACE.

DEEP within me is the abiding presence of God. I believe in the love and goodness of God. I trust Him to sustain, to strengthen, and to give me peace.

I believe that prayer is the means by which peace comes. So I turn trustingly to God in prayer. My prayer draws me close to Him, and the help I need to overcome unhappiness or grief is forthcoming. There are no barriers to the help God so lovingly offers when I ask Him in faith to sustain me in my hour of need.

Each moment I depend on God; each moment I give Him a dominant place in my life. I receive positive proof that He loves me. I receive the light and guidance that I seek, and new pathways are revealed to me.

I accept the peace and comfort freely given to me, and I am sustained and strengthened through every experience.

✿ *And I will pray the Father, and he shall give you another Comforter, that he may be with you for ever, even the Spirit of truth.*—JOHN 14:1, 16, 17.

JANUARY 28

Thursday

THIS IS THE YEAR THAT GOD'S LIFE IS IN EVERY CELL OF MY BODY. I AM RENEWED, RESTORED, AND MADE WHOLE.

NOTHING is impossible with God; there is no condition beyond His power to renew, to restore, or to make whole.

Affirm this. Believe it. Meditate upon it. Think about God's healing power. Know that He is not apart from you but mighty in the midst of you; know that His life is the essence of every cell.

You are a threefold being—spirit, mind, and body. True healing is the spiritualization of mind and body, which is done through prayer.

Your body responds to prayer, to positive thinking, to strong and faithful thoughts of life, health, and wholeness.

If you are not as healthy as you should like to be, if you are not as vital, as strong, as you should like to be, you probably need to work on the life idea. It is possible for a person's thought to be ever so true and good and still be weak in the life idea. Strengthen your realization of God's infinite, unfailing, healing life, mighty in the midst of you.

• *Your body is a temple of the Holy Spirit.*—I COR. 6:19.

Friday

JANUARY 29

THIS IS THE YEAR THAT I ACCEPT AND EXERCISE MY SPIRITUAL SOVEREIGNTY, WHICH IS MY DIVINE BIRTHRIGHT.

IN THE heart of every person is the desire to be sovereign of his own world. No one constantly at the mercy of a demanding appetite or unpleasant emotional reactions feels happy or secure. God intends that everyone stand secure within himself, administering his individual world with the judgment and control that generates harmony and peace within him, that contributes to the harmony and peace of the world about him.

Personal sovereignty is the right of everyone, and no one is without the capacity for accepting and administering this sovereignty. However, until we exert sovereign rule over our appetites, our emotions, and excessive demands of our egos, we are not the rulers.

Day by day as a person takes charge within himself, bringing his appetites and his emotional reactions in line with the Christ perfection, he grows in spiritual strength. He experiences in ever-increasing degree spiritual sovereignty, which is his divine birthright.

♣ *God created man in his own image.*—GEN. 1:27.

JANUARY 30

Saturday

THIS IS THE YEAR THAT I SERVE THE LORD
WITH GLADNESS.

I AM glad to be alive in such a wonderful world.

I am glad that God created me to partake of so many beautiful things and so many delightful blessings. The bird songs, the sunshine, the refreshing rain, the cool, clear air I breathe are all miracles to me.

I think of the friends who fill my life with light and love and breathe a prayer of gratitude for them.

I think of mistakes that I made yesterday and am glad that I can correct them today.

I think of all the persons in the world who need a helping hand, and I am glad that I am able to do my part right where I am.

I am glad today, most of all, that Jesus came to earth and revealed to all mankind the healing Christ Spirit, which abides within all of us.

I am thankful for today. I serve the Lord with gladness today.

Serve Jehovah with gladness:

Come before his presence with singing.

—PSALMS 100:2.

Sunday

JANUARY 31

THIS IS THE YEAR THAT I OPEN MY MIND TO
THAT WHICH IS PRODUCTIVE OF INCREASED
GOOD.

IT is always helpful to take inventory of ourselves in order to sort our productive attitudes from our unproductive ones. Every one of us has both kinds of attitudes and it is as unprofitable to carry around unproductive attitudes as it is to give space and care to useless things in our homes and businesses.

For instance, we may have grown up believing that it is natural for the body to have disease and weakness. However, we want health and vitality, so we need to discard the limiting attitude that links us to the conditions we do not want. We need to claim the conditions we do want.

Our environment and training may have initiated the attitude that life is arduous and that it is the lot of many to be poor and deprived. This is an unproductive attitude and needs to be replaced with the belief that God has made abundant provision for all.

✿ *Be renewed in the spirit of your mind, and put on the new man that after God hath been created in righteousness and holiness of truth.—EPH. 4:23, 24.*

This Month IN UNITY



How My Son Solved a Problem

Recently a mother in Texas wrote to the Editor of *Wee Wisdom* magazine:

"For several days my oldest son came home from school upset and sometimes crying. He told me that a bigger boy had been chasing him and knocking him about.

"At first I could not think of any solution, but that evening we two were reading *Wee Wisdom* together when we came upon a story of a little boy who had a similar problem. He solved it by managing to make friends with his enemy. Although he seemed doubtful, my son agreed to try this method.

"The next afternoon he came home happy and smiling. 'Mom!' he cried, 'I've got to call Steve on the phone right away! I'm going to go over to play with him. It all worked out just like in the story. He was lonely and wanted to be friends with me as soon as I asked him. So we're going to play together from now on.'

"Thanks to *Wee Wisdom*, that problem was really solved in a hurry!"

Often the Editor of *Wee Wisdom* receives letters like this showing how children apply the knowledge learned from the magazine. *Wee Wisdom* never "preaches;" all its teaching is done by good example. Its fast-paced stories show boys and girls solving their problems according to the Truth teaching, and children reading these stories almost unconsciously learn to use Truth.

Besides its excellent stories, *Wee Wisdom* includes poems, colorful pictures, and numerous feature departments that encourage the child to do creative work. Why not order a subscription for some child today? He will like it, and he will learn from it. The magazine is priced at \$2 a year.

Good Neighbor Thanks from Switzerland

"Not half an hour before your letter arrived I said to my friend, 'Now we will miss our *Weekly Unity*.' We knew, you see, that our subscription expired in December, and that we were not allowed to send money out of the country. How gladly we accept your special gift subscription! You will understand when I tell you that we are two elderly Americans who live in a little Swiss town without either church or library.

"When we have read our *Weekly Unity*, we pass it on to an English woman living in another

place who is interested in Salvation Army work. From our magazine she translates suitable articles into French for the Salvation Army paper."

Through Unity's Good Neighbor Fund, Unity literature is sent to these friends and to others like them who desire Unity publications, but are temporarily unable to pay for them because of currency restrictions or other difficulties. To the friends whose loving donations make the Good Neighbor Fund possible, Unity School and all those who receive literature through the fund send their sincerest thanks.

For You Who Are Busy

Unity pamphlets are wonderful for busy people because they contain a big message of Truth packed into a little space. Their small size makes them so handy to carry and hold that you can read them anywhere in spare moments. Each one will open up some new field of thought to you, or answer some question in your mind. These pamphlets make excellent gifts, too, for anyone who likes really stimulating reading.

Unity pamphlets may be purchased individually at 5 cents each or in assortments at various prices. If you would like a free order form listing all the Unity pamphlets, just write to Unity headquarters and we will be happy to send you one.

"The Lord's Side of the Ledger"

The editors of *Good Business* are happy to announce that the January issue of that magazine will contain an article, "The Lord's Side of the Ledger," by the distinguished author, Dr. Marcus Bach. Dr. Bach, professor in the School of Religion at the University of Iowa, is the author of *They Have Found a Faith* and other books, as well as a respected observer of the American scene.

In "The Lord's Side of the Ledger" Dr. Bach discusses tithing. It is his belief that regular tithing is becoming more and more common, especially among businessmen, and that this is so because giving the tithe is an inherently practical and natural act. Those who have wondered about tithing will find much helpful information in Dr. Bach's excellent article, as well as some inspiring true stories.



In addition to "The Lord's Side of the Ledger," the January issue of *Good Business* contains many other articles, poetry, and all the regular feature departments. If you are not a subscriber, become one today; and request that your subscription begin with the January issue. *Good Business* is priced at only \$1 a year.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

Announcing—

THE 1954 UNITY LENTEN PROGRAM

Each year during Lent, Unity students all over the world join in observing the Unity Lenten Program. The purpose of this observance is to help participants grow spiritually as they fast from negative thoughts and beliefs.

Last year a new book, compiled especially for use in the Unity Lenten Program was published. Taken from the writings of Charles Fillmore, it is entitled *Keep a True Lent*. It contains a special lesson and Bible reference for each day of the Lenten period—forty-seven lessons in all. In addition, the book includes seventeen chapters of introductory material.

Unity students overwhelmingly approved the new book, for last year *twice* as many persons as ever before ordered copies of it in order to take part in the Unity Lenten Program! For months after the Program letters poured into Unity headquarters telling how helpful the new book had proved.

Now the time for the 1954 Unity Lenten Program is approaching, and you are most cordially invited to take part. Write to Unity headquarters for your copy of *Keep a True Lent*, priced at \$1; with it you will receive a booklet, "The Lenten Guide," without charge. If you already have the book, write for the free guide. Order early; Lent begins March 3.



UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

A Marvelous Experience

"Following the Unity Prosperity Bank plan has been a marvelous experience to me. This was my first Bank, and I decided to give each day the largest coin I had. This I did. Upon opening my Bank, I found twelve half-dollars, seventeen quarters, nineteen dimes, and only five nickels! It is astonishing to me that I had the large coins so often.

"In addition I had much more money left after all our bills were paid than I usually do, although the amount of our income was not increased. The wisdom that is ours through the Christ Mind surely does make us wise in all our dealings, as well as just, kind, and loving; and we benefit from it in all ways."

Send for your Prosperity Bank today; a folder of instructions will be inclosed with it.

Unity School of Christianity, Lee's Summit, Mo.

Please send me a Prosperity Bank and ask Silent Unity to pray with me for a successful demonstration. I will use the drill seven weeks and save \$3 for the three DAILY WORD subscriptions (one year each) listed below:

1. Name _____
Street _____
City _____ State _____
 2. Name _____
Street _____
City _____ State _____
 3. Name _____
Street _____
City _____ State _____
- SENDER'S NAME _____
Street _____
City _____ State _____

Please indicate postal zone number, if cities are so divided. D-1-34

YOU CAN BEGIN AGAIN!

Anyone can begin again. No matter how smudged or blotted a person's past record may be, he can always "turn over a new leaf" and begin a fresh page. For those who truly wish to do this—to begin a new life with the new year—Frank B. Whitney's book *Beginning Again* is intended.



This book is designed not only to help you solve your personal problems, but to help you find a new outlook that will keep problems from troubling you in the future. *Beginning Again* has seven practical chapters:

"The One Desire of All Men"

"The Approach to Life: Understanding God"

"Prayer without Mystery"

"Governed Solely by the Law of God"

"A New Beginning in Health"

"Making a New Start in Personal Finances"

"Trying Anew to Solve the Personal Equation"

Each of these chapters is preceded by the Bible quotations on which it is based, and by one of Mr. Whitney's inspiring poems.

Beginning Again is absorbing reading, and it can be a guide to a new and wonderful life for you. The book is priced at only \$1 a copy.

UNITY SCHOOL OF CHRISTIANITY
Lee's Summit, Missouri

God Bless Your Birthday

JAMES DILLET FREEMAN

God bless your birthday! Let it be
A smilestone in eternity.

Marking your passage onto earth,
Your private miracle of birth,
Your birthday is devoted to
A very happy happening—you!

This is a day to turn your heart to
Your fondest dreams, a day to start to
Make them come true, a day to go on
Unfolding; oh, a day to grow on!
Not a stopping place, but a day to
begin—

A day to chart high conquest in!

A birthday is a day to see
Yourself as a child of eternity
On an adventure always new.
God bless your birthday! God bless
you!

